Organizing Committee: Abdesalam Soudi, PhD (Conference Chair); Jeannette South-Paul, MD (Conference Co-Chair); Shelome Gooden, PhD; Valerie Kinloch, PhD; Audrey Murrell, PhD; Christy Malone, MBA; Judy Chang, MD, MPH; Scott Kiesling, PhD

Hosted by: Departments of Linguistics; Family Medicine; Obstetrics, Gynecology, & Reproductive Sciences; School of Education; David Berg Center for Ethics and Leadership

E-mail: hinh@pitt.edu | http://linguistics.pitt.edu/cross-disciplinary-conference-family-and-healthy-u

Cross-disciplinary Conference on Family and Healthy U

University of Pittsburgh

March 28, 2018

The University Club
Ballrooms A & B
Conference Overview and Goals

Welcome,

We are pleased to welcome you to our cross-disciplinary conference in celebration the Year of Healthy U at the University of Pittsburgh. This conference builds on past initiatives, including previous conferences that focused on the humanities as well as on cultural and linguistic diversity that we hosted in 2016 and 2017, respectively.

This year, we are focusing on the central role of the family as a fundamental building block of society. Family narratives and dynamics, gender identities, kinship and social organization, race, literacy, household income, and sociolinguistic backgrounds all represent important aspects of the early input children receive. The influence of families in the lives of children plays a primary role in how children come to construct their understandings of identities, their roles in society, and the core expectations and values that guide their lives and interactions with others. Thus, families have a significant impact on children, from childhood into adulthood.

The “Year of Healthy U” and this conference both represent a unique opportunity to convene experts to discuss the diverse roles families play in health and well-being, and to discuss how to make our communities safe and healthy for all.

To begin, we open this conference with remarks from Dr. Laurie J. Kirsch, the University of Pittsburgh’s Vice Provost for Faculty Affairs, Development, & Diversity, and Mr. John Lovelace, the President of UPMC for You, Incorporated and the President of Government Programs & Individual Advantage. Following their comments, the first of our two keynote speakers, Dr. Debi Gilboa, founder of “AskDr.G.com” will speak, with a short response by Dr. Daniel Shaw. This will be followed by morning sessions consisting of 4 panels in ballrooms A and B. We will reconvene in ballroom B for lunch and to hear our second keynote speaker, Dr. Sonja Lanhart, the Brackenridge Endowed Chair in Literature and the Humanities at the University of Texas San Antonio. The response to Dr. Lanhart’s talk will be provided by Dr. Scott Kiesling. Then, 4 additional panels will round out the afternoon sessions, and the conference will conclude with us gathering back in Ballroom A for closing remarks. Refreshments and coffee breaks will be provided throughout the day.

While the presentations for the various panel discussions address many different aspects of family, we have purposefully grouped presentations by complementary topics. They range from discussions of intimate partner violence and substance use to innovative projects in the ICU. Some examine family dynamics in healthy families – fathers of head start children, mothers communicating with their children about risky behaviors, and financial stress. Another set examines families coping with illnesses: parental cancer diagnosis and the effect on children, the impact of autism on families of color, mothers of children with autism, and the necessity of having follow-up treatment and hearing screenings for newborns. Others focus on caregivers of the sick– their health literacies, experiences, and unmet needs. Several take a narrative perspective to explore important topics such as COPD and adoption. Yet others take a step back and present on health from a community perspective, including urbanization in Ghana, culturally diverse campuses, health and human rights, indigenous languages and communications in Bolivia, and the impact of biodiversity on health. Lastly, there are others that focus on wellness - for example, the role of meditation in family relationships, spirituality and Egyptian Muslims, and teaching empathy.

We would like to take a moment to thank everyone who made this conference possible. Many people contributed a lot of time and effort into planning it from its conception to today’s final product: Our sponsors, including the Provost Office and the Year of Healthy U Award Committee, the UPMC Health Plan, Cerner Corporation, and the University Honors College, have allowed us to organize this conference and offer it at no cost to you. Also, we would like to acknowledge our hosting departments from the University of Pittsburgh for their hard work and sponsorship: Linguistics; Family Medicine; Obstetrics, Gynecology, & Reproductive Services, The School of Education, and The David Berg Center for Ethics and Leadership.

Additionally, we thank the Year of Healthy U committee, keynote speakers, authors, respondents, and Pitt staff, faculty, and students who have helped us promote this conference. The following people helped bring all the pieces together: Ken Hale (Hizwerks Productions, art and design), LaShanda T Lemmon (Conference Web Support), Allison Thompson (Conference Administrator), and Linguistics Business Manager), Kimberlee Ann White (work study student), and Adrienne Holmes (University Club Conference Manager). They all worked indefatigably on behalf of the planning committee and the conference. We also appreciate the support to promote this event that we received from the Office of University Communications. Particularly, we thank Chuck Staresinic, Brandon Copp-Milward, and Pat McMahon.

And to all of you, we would like to say thank you for your interest in this topic and for sharing your time with us today. We look forward to your feedback and we appreciate you for being here to discuss and share your perspective on this very important topic of family and health.

Abdesalam Soudi, PhD, Valerie Kinloch, PhD, and the Conference Organizing Committee

*** Some segments from today’s event will be videotaped and photographed. If you do not wish to be videotaped or photographed, please speak with someone from the Conference Organizing Committee.
## Cross-disciplinary Conference on Family and Healthy U

### SCHEDULE (8:00 AM to 5:00 PM)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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| 8:00 - 8:50 | Registration Open  
Networking Breakfast                                                  |
| 8:50 - 9:00 | Conference Overview and Goals  
Abdesalam Soudi, PhD  
Valerie Kinloch, PhD                                                    |
| 9:00 - 9:10 | Opening Remarks  
Laurie J. Kirsch, PhD  
Vice Provost for Faculty Affairs, Development, & Diversity,  
Professor of Business Administration,  
Vice Provost Introduction: Audrey Murrell, PhD |
| 9:15 - 9:15 | UPMC Remarks (Executive Sponsor)  
UPMC Health Plan  
John Lovelace  
President, UPMC for You  
President, Government Programs & Individual Advantage  
Chief Program Officer, Community Care Behavioral Health Organization |
| 9:15-10:00 | Session I Keynote Speaker  
Debi Gilboa, MD  
Founder of AskDoctorG.com  
Speaker Introduction: Jeannette South-Paul, MD |
| 10:00-10:20 | Respondent  
Daniel S. Shaw, PhD |
| 10:20-10:30 | Morning Snack (Ballroom B) |

**Ball Room A**
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<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<th>Ballroom B</th>
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| 10:30-10:45 | **Family Caregivers Health Literacy is Associated with Healthcare communication and navigation of services and support** | **Panel Moderator:**  
Jennifer South-Paul, MD  

Authors:  
Beth Fields, PhD, OTR/L  
Juleen Rodakowski, OTD, MS, OTR/L  
Scott Beach, PhD  

1 Department of Occupational Therapy, University of Pittsburgh  
2 Clinical and Translational Science Institute, University of Pittsburgh  
3 Department of Psychology, University of Pittsburgh  
4 University for Social & Urban Research, University of Pittsburgh  
Corresponding Author:  
Beth Fields, PhD, OTR/L  
Department of Occupational Therapy | **Loss of Follow-up after Newborn Hearing Screening: Factors Influencing Parental and Primary Care Provider Awareness**  
Authors:  
Jose M. Juarez  
Amber D. Shaffer Ph.D  
David H. Chi M.D.  

1 University of Pittsburgh, School of Medicine  
2 Children’s Hospital of Pittsburgh of UPMC | **Panel Moderator:**  
Jennifer Petrie, Ed.D.  

10:45-11:00 | **Family members Experiences’ supporting adults with Chronic Illness: A National Survey**  
Authors:  
Aaron Lee, PhD  
John D. Piette, PhD  
Michele Heisler, MD, MPA  
Mary Janevic, MPH, PhD  
Kenneth M. Langa MD, PhD  
Ann-Marie Rosland, MD, MS  

1 Independent Consultancy  
2 Evaluation Institute for Public Health, Graduate School of Public Health, University of Pittsburgh  
3 Office of Child Development, University of Pittsburgh  
4 Graduate School of Public Health, University of Pittsburgh  

11:00-11:15 | **Effects of Pubertal Development and Biological Sex on HPA-Axis Dysregulation, Depression, and Suicidal Ideation in Offspring Following Parental Cancer**  
Authors:  
Benjamin Hayes  
Medical Student Mentor: Nadine Melhem, PhD | **Financial Stress and Marital Quality: The Moderating Influence of Communication**  
Authors:  
Heather H. Kelley  
Ashley B. LeBaron  
E. Jeff Hill | **Fatherhood: Perspectives of Early Head Start Fathers**  
Authors:  
Tammy Thomas, PhD, MSW, MPH  
Thistle Elias, DrPH, MPA  
John Kim, EdD  
Martha Terry, PhD  
Chris Dunkerley, MS  

1 VA Center for Clinical Management Research, Ann Arbor, MI  
2 Department of Health Behavior and Health Education, School of Public Health, University of Michigan  
3 Department of Internal Medicine, University of Michigan  
4 Institute for Healthcare Policy and Innovation, University of Michigan  
5 Institute for Social Research, University of Michigan  
6 VA Center for Health Equity and Promotion, Pittsburgh, PA  
7 Department of Internal Medicine, University of Pittsburgh Medical School | **Panel Moderator:**  
Judy Chang, MD  
**People, Place and Healthy Homes: Biocultural Diversity and its Relevance to Healthy Families**  
Author:  
Karen Park, PhD  

11:15-11:30 | **QUESTION AND ANSWER**  
Panel Moderator:  
Judy Chang, MD  
Panel Moderator:  
Shelome Gooden, PhD  | **Families of Color and Autism: Lessons for Improving Service Delivery**  
Authors:  
Dr. Rachel E. Robertson, Dr. Temple Lovelace  
Corresponding author:  
Rachel Robertson  
Department of Instruction & Learning |
<table>
<thead>
<tr>
<th>Time</th>
<th>Ballroom A</th>
<th>Ballroom B</th>
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<tr>
<td></td>
<td>Author: Clark Chilson, PhD</td>
<td>Authors: Cory Holding, PhD</td>
<td>Pregnant Women with Opioid Use Disorder: Experiences of Intimate Partner Violence and Barriers to Help-Seeking</td>
<td>Authors: Chelsea Pallatino, PhD, MPH(^1),2 Hollis Laird, MPH(^1),2 Mary Turcya, BS(^1),3 Leah Kloeckc, RST(^2),3 Waliita Abdullah, MS, CADC(^1),2 Elizabeth Krans, MD, MSC(^1),2</td>
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<td>12:00-12:15</td>
<td>The Profile and Unmet Needs of Cancer Patients’ Family Caregivers in Brazil</td>
<td>Indigenous Language, Intercultural Health, and Medical Pluralism Cochabamba Bolivia-Kinship and Community Level Implications</td>
<td>Author: Leslie P. Scheunemann, MD MPH</td>
<td>Author: Stephanie Eckstrom</td>
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<td>Authors: Lycia Tramujas Vasconcellos Neumann, MPA Ph.D. student, Department of Behavioral and Community Health Sciences</td>
<td>Author: Alana Deloge</td>
<td>Authors: Alyssa J. Stewart</td>
<td>Authors: Kortni A. Watkins</td>
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<td>Penelope K. Morrison, PhD</td>
<td>Judy C. Chang, MD</td>
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<td>12:15-12:30</td>
<td>QUESTION AND ANSWER</td>
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<td>12:30-1:30</td>
<td>Lunch</td>
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<td>1:30-2:15</td>
<td>Session II Keynote Speaker (Ballroom B)</td>
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<td>Spiritual Practice as a Dimension of Health Amongst Muslim Egyptian Families in Pittsburgh</td>
<td>Characterization of Maternal Perspectives Toward Parent-Child Communication on Healthy Relationships, Sex, and Dating Violence</td>
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<td></td>
<td>Sonja Lanehart, PhD</td>
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<td>Author: Mariam Shalaby, University of Pittsburgh</td>
<td>Authors: Kortni A. Watkins</td>
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<td>Brackenridge Endowed Chair in Literature and the Humanities, UTSA</td>
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<td>Authors: Judy C. Chang, MD</td>
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<td>2:15-2:35</td>
<td>Respondent</td>
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<td>2:35-2:45</td>
<td>Afternoon Snack (Ballroom A)</td>
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<td>3:00-3:30</td>
<td>“I’m an Autism Mom – What’s Your Superpower?”?: The Impact of Hegemonic Mothering Ideology on the Social Construction of Autism and the Contestation of an Emerging Maternal Identity”</td>
<td>Male Perpetrators of Intimate Partner Violence who have Completed a Batterer Intervention Program and the tools and skills they gained to manage anger and deescalate violence</td>
<td>Author: Stephanie Eckstrom</td>
<td>Authors: Alyssa J. Stewart</td>
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<td>3:30-3:45</td>
<td>QUESTION AND ANSWER</td>
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<td>Claude Mauk, PhD</td>
<td>Judy Chang, MD</td>
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<td>3:45-4:00</td>
<td>The Impact of Urbanization on Family Culture and Health: The Case of Ghana</td>
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<td>Jennifer Petrie, Post-doctoral Fellow, College of Business and Administration</td>
<td>Lori Jakiela, Professor of English and Creative Writing, Pitt-Greensburg University</td>
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<td>4:00-4:15</td>
<td>Creating Culturally Competent Campus Communities</td>
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<td>Authors:</td>
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<td>Cultural Competence Working Group: Lisa Bromberg Boryana Dobreva Zsuzsa Horváth Sara Jones Maja Konitzer Dus Kabis Jen Murtazashvili Marie Norman Lisa Parker Joanna Prasad Abdesalam Soudi Belkys Torres Sarah Wagner</td>
<td>Cultural Competence Working Group: Mary Fox of Fox Linguistics Pamela Batzel of Treato Mary Fox</td>
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<td>4:15-4:30</td>
<td>Teaching Empathy</td>
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<td>Ritu Thamman, MD FACC FASE</td>
<td>Penelope Morrison, PhD</td>
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<td>4:30-4:45</td>
<td>QUESTION AND ANSWER</td>
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<td>4:45-5:00</td>
<td>Closing Remarks (Ballroom A), Conference Committee</td>
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Internationally respected parenting and youth development expert, Deborah Gilboa, MD, is the founder of AskDoctorG.com. Popularly known as Dr. G, she is an industry leading speaker, author, social influencer, and media personality. She inspires audiences with relatable stories and easy tools to develop crucial life skills in children, teens and young adults ages 2-22.

Her beloved, user-friendly parenting activity books, Teach Resilience: Raising Kids Who Can Launch!, Teach Responsibility: Empower Kids with a Great Work Ethic, and Teach Respect: That’s My Kid! are designed for today’s busy parents. Dr. G is also the author of the critically acclaimed book, How to Get the Behavior You Want... Without Being the Parent You Hate! Dr. G’s Guide to Effective Parenting (Demos Publishing, LLC), which breaks down 60 key challenges faced by parents of kids primarily in their pre-teen years.

As a television personality, Dr. G gives straightforward advice (with a dose of humor) that helps wade through the stress, doubt, and guilt that ALL parents feel at one time or another. She has appeared on NBC’s TODAY, Good Morning America, Fox News, The Rachael Ray Show and contributes to Today.com, Huffington Post Parents, Your Teen magazine, Parents magazine and MSNBC.com.

Dr. G is a graduate of University of Pittsburgh’s School of Medicine, Carnegie Mellon University, and is an alumus of Chicago’s Second City Improv Theater. She is a board certified family physician at Pittsburgh’s Squirrel Hill Health Center, caring for diverse patients from 100+ countries, speaking 61 different languages. Her fluency in American Sign Language and her work with the deaf community has received national recognition and was the focus of her service as an Albert Schweitzer Fellow.

She has received many awards for clinical excellence in teaching and is a Clinical Associate Professor for the University of Pittsburgh School Of Medicine. She and her husband are raising four boys who are growing into respectful, responsible and resilient young men and have been honored for their unique community service projects.

Sonja L. Lanehart, Professor and Brackenridge Endowed Chair in Literature and the Humanities, received her B.A. from the University of Texas at Austin and her M.A. and Ph.D. from the University of Michigan, Ann Arbor.

She is a former Ford Foundation Post-doctoral Fellow, Ford Foundation Pre-doctoral Fellow awardee, Andrew W. Mellon Fellow, Lilly Teaching Fellow, and a member of Phi Beta Kappa National Honor Society and Phi Kappa Phi National Honor Society. She has won grants from the National Science Foundation and other agencies. She has taught at the University of Georgia (1995-2006) and the University of Texas at San Antonio (2006 – present).

She serves on several national and international professional organization committees, including the Linguistic Society of America, the American Educational Research Association, and the American Dialect Society. She is a past co-editor (with Paul Schutz) of Educational Researcher: Research News and Comment section, the lead journal of the American Educational Research Association, which is delivered to more than 23,000 members.
