Deborah Gilboa, M.D.

Internationally respected parenting and youth development expert, Deborah Gilboa, MD, is the founder of AskDoctorG.com. Popularly known as Dr. G, she is an industry leading speaker, author, social influencer, and media personality. She inspires audiences with relatable stories and easy tools to develop crucial life skills in children, teens and young adults ages 2-22.

Her beloved, user-friendly parenting activity books, *Teach Resilience: Raising Kids Who Can Launch!, Teach Responsibility: Empower Kids with a Great Work Ethic*, and *Teach Respect: That's My Kid!* are designed for today’s busy parents. Dr. G is also the author of the critically acclaimed book, *How to Get the Behavior You Want... Without Being the Parent You Hate! Dr. G’s Guide to Effective Parenting* (Demos Publishing, LLC), which breaks down 60 key challenges faced by parents of kids primarily in their pre-teen years.

As a television personality, Dr. G gives straightforward advice (with a dose of humor) that helps wade through the stress, doubt, and guilt that ALL parents feel at one time or another. She has appeared on NBC’s TODAY, Good Morning America, Fox News, The Rachael Ray Show and contributes to Today.com, Huffington Post Parents, Your Teen magazine, Parents magazine and MSNBC.com.

Dr. G is a graduate of University of Pittsburgh’s School of Medicine, Carnegie Mellon University, and is an alumnus of Chicago’s Second City Improv Theater. She is a board certified family physician at Pittsburgh’s Squirrel Hill Health Center, caring for diverse patients from 100+ countries, speaking 61 different languages. Her fluency in American Sign Language and her work with the deaf community has received national recognition and was the focus of her service as an Albert Schweitzer Fellow.

She has received many awards for clinical excellence in teaching and is a Clinical Associate Professor for the University of Pittsburgh School Of Medicine.

She and her husband are raising four boys who are growing into respectful, responsible and resilient young men and have been honored for their unique community service projects.